



ORCHARD PARK SCHOOLS  
FAMILY SOLUTIONS  
CENTER

Join us to help discuss  
and navigate the  
successes and  
challenges of parenting  
your grandchildren.

# PARENTING: SECOND TIME AROUND



**Wednesdays**

**11:00am - 12:30pm**

**November 15th:** Coping with your  
new lifestyle

**December 6th:** Understanding your  
grandchild

**January 10th:** Effective Discipline

February 7th: Supporting your  
Grandchild in School

**March 6th:** Navigating Current  
Technology

**April 17th:** Managing Own  
Reactions and Health



**Register at:**

**(716) 209 8181**

**[Familysolutionscenter@opschools.org](mailto:Familysolutionscenter@opschools.org)**

**Family Solution Center**

75 Bank Street

Orchard Park NY 14127

